



# Join Our Board of Directors

Thank you for your interest in becoming a Board Member of the Samaritans on Cape Cod and the Islands. Members of our Board of Directors are an integral part of the leadership team and provide direction and vision for the organization. Serving on our Board is a meaningful way to give back to your community, advance suicide prevention and mental health, and ensure your voice, lived experience, and leadership help shape our future.

## MISSION STATEMENT

The Samaritans on Cape Cod and the Islands is dedicated to suicide prevention by providing support to individuals in crisis, those contemplating suicide, and those affected by suicide.

## WHY SERVE ON THE BOARD?

Board service is an opportunity to:

- Strengthen suicide prevention and mental health efforts across Cape Cod and the Islands
- Contribute your expertise to a cause that matters and improve your leadership skills
- Join a compassionate, committed team leading change in our region

## SKILLS & QUALITIES WE SEEK

While we welcome individuals from all backgrounds, we are especially seeking those with experience or interest in:

- Mental health or healthcare
- Fundraising or community engagement
- Marketing, communications, finance, legal, or human resources expertise

## EXPECTATIONS OF BOARD MEMBERS

We are looking for engaged and thoughtful leaders who are ready to actively support our mission. Board responsibilities include:

- A time commitment of approximately 10 hours per month, including:
  - Regular Board meetings (via Zoom or in person)
  - Volunteering at community events and engagement activities
  - Reviewing and providing feedback on key organizational issues
- Representing the Samaritans as an outward ambassador in the community
- No mandatory financial contribution is required. However, we ask that Board Members consider the Samaritans one of their top three annual charitable priorities.

## Ready to Take the Next Step?

To express your interest in joining our Board, please contact Don Mroz, Chair of the Governance Committee, at [dmroz@capecamaritans.org](mailto:dmroz@capecamaritans.org).

## The Samaritans on Cape Cod and the Islands

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Need help now? Call 988 for the National Suicide & Crisis Lifeline.

